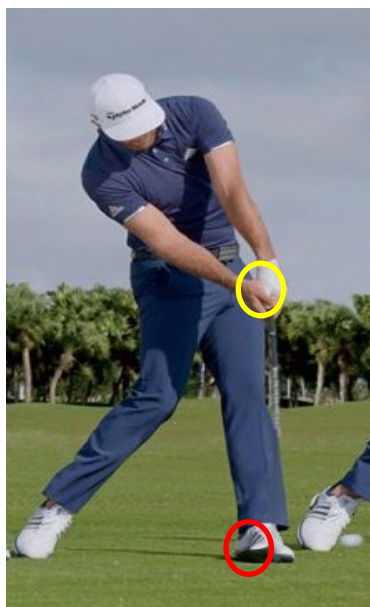


Swing Tip: Making Solid Contact

Do you ever have trouble getting the ball airborne or “getting underneath the ball?” Well the trouble is just that. You do not want to get underneath the ball to strike it crisply. To make solid contact you must hit down on the ball. In order to achieve this, it is vital that the hands lead and the clubhead follows behind.

Most amateur golfers try to lift the ball in the air and by doing so they have trouble making solid contact or getting the ball in the air. This is caused by the clubhead leading and the hands following behind.

Pictured below are the current top 3 golfers in the world (Dustin Johnson(1), Justin Rose (2), Justin Thomas(3)) and the women’s world number one, Inbee Park. All 4 players have very different swings, however, at contact they are all in the same position. The pictures show what I mean by having the hands lead and the clubhead follow.



Dustin Johnson



Justin Rose



Justin Thomas



Inbee Park

Avoid trying to get underneath the ball (pictured left) and work on keeping those hands ahead of the clubface and you will start striking the ball much better.



Swing Tip Provided by:

Jeff Wilcinski

PGA Head Professional

GR GRANBY RANCH
COLORADO

